



CAMINO de FINISTERRE

SANTIAGO DE COMPOSTELA TO FINISTERRE - MUXIA

3 Stages 98 km - 4 Stages 126 km

The Camino de Finisterre is a pilgrimage route in northwest Spain that leads to the Atlantic coast and the Cape of Finisterre (Finisterre means "end of the earth" in Latin). The route was traditionally taken by pilgrims who had completed the Camino de Santiago, a much longer pilgrimage route that leads to the cathedral of Santiago de Compostela in Galicia.

The Camino de Finisterre is typically a shorter and less strenuous route, but it still offers a beautiful and spiritual journey through the rugged landscapes of Galicia.

Along the way, pilgrims can visit small villages, churches, and other historical sites, and enjoy the natural beauty of the region.

Walking the Camino de Santiago is so much more than a simple walk through Spain, reaching Santiago is a great achievement and can be a very emotional moment; Many people keep on walking the Camino de Finisterre as a way to reflect on the camino they just walked or because they are sad that their walk has come to an end and want to enjoy a few more days of walking.

The good news is that there are still a few more kilometers of Camino left till the real end... Finisterre.

The walk to Finisterre is a short but beautiful one that can be done in 3 to 4 days.

Wishing you a Buen Camino!!



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Camino de Finisterre - Muxia Stages

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About:

Medieval pilgrims believed that Finisterre (Latin, meaning “the end of the world”) was literally the end of the world, so many decided to keep on walking to Finisterre. The walk from Santiago de Compostela to Finisterre is a short but beautiful one. The starting point of the Camino de Finisterre is the ramp going down towards the Pilgrims Office in front of the Parador Nacional on Plaza d'Obratorio right in front of the Cathedral.

At only 89 kilometers it is the shortest of all caminos and can be accomplished in 3 to 5 days depending on your pace.

The beautiful route poses no great difficulty for most of the pilgrims, since they probably have already walked many kilometers and are in very good physical form by the time they walk it. If you are just starting out it may be a bit more challenging to walk and you should definitely add an extra day to your walk or make the first day a short one.

Once completed you will be able to collect the Fisterrana, an accreditation to show that you have completed the route up to Cape Finisterre. If you like you can continue towards Muxía (Mugía), the route totals 114.6 kilometers. In that case, when you get to Muxía do not forget to pick up the Muxiana, another certificate that proves that you have completed the entire route

On the fourth stage of the route between Finisterre to Muxia you will find pilgrims walking in both directions.

When to go:

The Finisterre - Muxia route can be walked at any time of the year. However, the most advisable months are those of spring and summer, given their pleasant temperatures.

If you think that bathing in the beach of Langosteira de Finisterre is a tradition, it is advisable to do the route in summer, because, as a general rule, the water in that area of the Atlantic is usually quite cold. However, you should know that it is a fairly crowded route, in high season you will find it full of pilgrims.

Getting there and away:

The only way to get to and from Muxia or Finisterre is by bus, taxi or car.

Monbus connects Santiago with Finisterre a few times a day. The duration of the trip is 2 or 3 hours, depending on the route that the bus takes. There also is a bus every morning from Finisterre to Muxía (9:45) from Monday to Friday. The journey lasts about an hour.

To return from Muxía to Santiago you can take one of the Ferrin group buses. They have two daily departures.

For schedules and reservations:

[MONBUS](#)

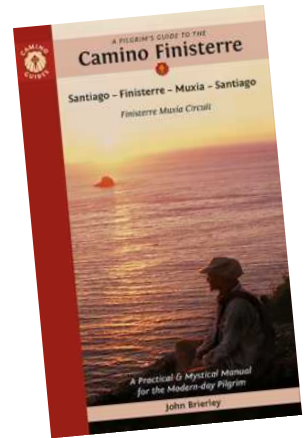
[Ferrin](#)



Guide Books, Maps and Apps:

John Brierley's guide is a great help if you want to know more about the route you are on and its history. Most guidebooks include extensive information about the towns and villages you will pass through and also have detailed maps and route profiles so that you will be able to see what to expect ahead. The only real negative about guidebooks is that they tend to weigh a lot.. Usually more than 2 or 3 t-shirts!

For this reason I recommend smartphone app such as Buen Camino, Gronze or Camino Ninja instead, as they provide much of the same information and don't weigh you down, but also give you the added benefit of having a live map so that you always know exactly where you are, which is very helpful when you are wondering if you are actually still on the correct route.



Book Guides:

[A Pilgrim Guide Series](#)

Apps for iPhone:

[Buen Camino](#)
[Camino Ninja](#)
[Wise Pilgrim](#)
[Camino Tool](#)
[Gronze](#)

Apps for Android:

[Buen Camino](#)
[Camino Ninja](#)
[Wise Pilgrim](#)
[Camino Tool](#)
[Gronze](#)

Finding your way:

Whilst guidebooks and maps will help you plan your journey, you really don't need them as getting lost on the Camino is virtually impossible, not only because there are many apps to help you navigate the route, but because a priest called Elías Valiña drove across the whole north of Spain on his Citroën GS packed with yellow paint, painting bright yellow arrows to indicate the right way at the various tricky crossroads along the trail leading to Santiago.



Nowadays the arrows have become an ubiquitous symbol of the camino... and can be found everywhere from t-shirts to bandanas.

Soon you will become an expert at spotting the arrows that are basically everywhere from official markers to trees on rocks and pavements...

If you don't see them for a while, it is usually a sign that you missed one and that you are no longer on the camino!

The start of the Camino de Finisterre is the ramp going down the hill by the Parador Nacional on Plaza de Obradoiro, the main square by the Cathedral of Santiago. Just walk down the ramp and keep on going straight and be on the lookout for the arrow.

Business Operating Hours:

Spain runs on EST European Standard time which is 1 hr ahead of GMT, but beware that Spain is famous for its SIESTA which means that from 1.30 to 4.30 pm most all shops CLOSE, but restaurants, bars and cafes stay OPEN!. To most first time pilgrims this is very confusing. It is also worth noting that most municipal albergues will not let you check in till after 1.30 pm even if you arrive early some will not even store your luggage, they lock the front door at 10 pm and you must leave by 8 am.



Monday - Friday:

SIESTA time: 1 pm- 3.30 pm

Stores: 9 am - 1 pm - SIESTA - 3.30 pm - 8.30 pm

Banks: 8 am - 1 pm

Restaurant: Lunch 1 pm - 4.30 pm, Dinner 8 - 12pm

Cafes: 6 am - 8.30 pm

Bar's: 9 am - 1 am

Farmacies: 9 am - 1 pm - SIESTA - 3.30 pm - 8.30 pm but there is always a

Farmacia de Turno open 24 Hrs somewhere, usually there will be a sign telling you where.

Albergue Municipal Hours: Check in after 1.30 pm - Door Closed 10 pm - Check out 8 am

Saturday: In small towns and villages many shops and supermarkets close at 1 pm

Sunday: Most shops except for some clothing stores and big shopping malls. *Supermarkets are closed on Sundays*, so be sure to stock up on Saturday.

It is also worth noting that a very high percentage of small businesses in Spain are closed for holidays in **August** and some catch up their vacation in **September**.

Camino Packing Guide

What to Pack for your Camino:

Two of the biggest mistakes people make when setting off on the Camino is overpacking and overthinking what they will need for a long walk on the Camino. I myself was very guilty of this on my first camino, this is why I am including a basic packing checklist as a guideline for you to follow so that you do not make the same mistake..

Weight is your biggest enemy when walking, if you don't pay attention to how much you are carrying in your backpack sooner or later your body or feet will pay the price...

A good rule of thumb is that **your pack should not weigh more than 10%** of your body weight. If you stick to that rule you will definitely have a much more pleasant and easy walk.

One thing you should know, that I didn't in my first week of the camino, was that there are washing machines or laundromats most anywhere you will stay along the way, washing clothes is never a problem, so you can pack way less than you think you need, as you can wash your clothes every few days.

Many "pro" pilgrims only pack one extra change of clothes and do a quick hand wash upon of their t-shirt and underwear and socks upon arriving at wherever they are staying; whilst this is a great strategy if you want to walk with the least amount of weight and clothes, you will be forced to do your wash every day and will be worrying if your clothes will be dry by morning.

I personally recommend having 3 sets of underwear and t-shirts and socks, and 1 pair of long or convertible pants and some short pants, that way you don't have to be washing every day and get more time to explore and relax.

As far as footwear I highly recommend that whether you decide to take boots or trail runners, you walk at least 100 km in them before you start your camino, that way you will not have as many problems with blisters. High quality hiking socks are the second most important blister prevention tool, I can't stress this enough... do not use cheap tube socks... you will pay the price in blisters!

Having a pair of flip flops will make the walk to and from the showers in the albergues more pleasant and also give you feet some fresh air and relief after a long day's walk. I personally like to take two pairs of shoes either 2 trail runners or a pair of boots and trail runners, just so I can give my feet a break and change every now and then.

As far as sleeping bags go, most Municipal Albergues require you to use one or to use a sleeping bag liner as they do not provide blankets. Most Albergues provide you with disposable sheets that really are terrible. Taking a sleeping bag or a bag liner for the summer months is recommended.

Leave nonessentials at home, take a critical look at your packing list and off-load (or substitute) these items. After each trip, make a list of gear you carried but didn't use. If a piece of your kit makes the list after three consecutive trips, leave it behind next time (exception: first-aid supplies).

IMPORTANT: Your feet expand and flatten out considerably from walking many hours a day, so it is a good idea that you purchase your footwear about one size larger than you normally would. I personally recommend taking 2 pairs of shoes, either one boot and one trail runner or two sets of trail runners as it is nice not to have to wear the same shoes all the time, especially after a long days walk. Next to your well worn in shoes, your socks are going to be the most important protection against blisters, so be sure you use good quality hiking socks, not the cheap 12 pack tube socks... good socks make a big difference. I recommend Wigwam and SmartWool or Decathlon Merino Wool socks, they may be a bit more expensive at first but you will not be paying the price in blisters later.





Luggage - Backpack Transfer Service & Storage:

You can always tell a true pilgrim from the rest as they most always are lugging their big backpack along as opposed to strolling along with a small day pack. Many short term or weekend pilgrims opt not to walk with their backpacks and have their luggage forwarded on from one stage to the next as they walk the Camino.

Using the luggage transport service is a good option if you have any physical ailments or problems or simply don't want to burden yourself with a large backpack.,

One thing to keep in mind is that you need have to have a specific location (hotel or private albergue) to send your luggage to, so you will need to make a reservation at a hotel or private albergue, as Municipal Albergues do not accept reservations or luggage (they are on a first come first served basis) and will not accept your bags if you are not there.

The cost per bag is anywhere from €5 to €12 depending on service and time of year. In the summer most routes offer this service, in the winter months the service is limited and more expensive.

If you have an onward trip that doesn't involve backpacking after you arrive in Santiago de Compostela an option is to send your non backpacking luggage to the Correos in Santiago or else send it to Casa Ivar in Santiago for safe keeping till you arrive. Once you finish the Camino you will be able to pick up your suitcase in the office that Correos has next to the Cathedral of Santiago (Rúa do Franco, 4). They store them for up to 45 days so you can walk the Camino calmly and worry-free. There is a small per day fee that they charge, but you will have the peace of mind knowing your luggage is safe and sound.

If you stay at the Seminario Menor in Santiago, they have lockers on the ground floor where you can leave your backpack for several days for only €2. Also you just want to leave your backpack somewhere for a few hours while exploring Santiago or before catching your train or plane, the Pilgrims House offers free backpack storage.

For more information on all of these these services visit:

Transport:

[Correos](#)
[Jacotrans](#)
[Caminofacil](#)

Storage in Santiago:

[Casa Ivar](#)
[Pilgrims House](#)

NOTE: On the Camino de Invierno, Manuel the owner of the [Bar Mar Albergue](#) does luggage transfers.

Camino Packing Checklist

- ☐ Hiking Backpack 28L to 40L - ca. 10% of your body weight when full

CLOTHING:

- ☐ 3x T-Shirts Merino or Quick Dry Wicking Synthetic. Avoid cotton (Heavy & Slow Drying)
- ☐ 1x Long sleeve shirt For protection from sun and cold.
- ☐ 1x Long Hiking Pants Or Convertible Pants - Flexible and Light and fast drying
- ☐ 1x Hiking shorts
- ☐ 3x Underwear Ex Officio Wicking - Fast Drying
- ☐ 1x Sweater - Fleece Polartec or Smartwool
- ☐ 1x Warm Down Jacket W From October to May
- ☐ 1x Light Rain Jacket For in town or light drizzles and windy Stages
- ☐ 1x Backpacking Poncho Over backpack type will keep you and your backpack dry!
- ☐ 1x Hat or Wool Cap Sun / Cold protection
- ☐ Gloves W From October to May

FOOTWEAR:

- ☐ 1 x Hiking Boots Be sure to break them in well before setting out on your camino!
- ☐ 1x Trail Runners For summer months and asphalt sections.
- ☐ 1x Flip Flops For albergue showers and airing feet
- ☐ 3 x Good Hiking Socks Merino Wool are best

SLEEPING:

- ☐ Sleeping Bag W Required in some Albergues.
- ☐ Sleeping Bag Liner S For warm weather instead of Sleeping bag
- ☐ Pillow Case Also can double as a laundry bag.
- ☐ Earplugs To get rest in Albergue

TOILETRIES & FIRST AID:

- ☐ Quick Dry Towel Most albergues don't offer towels
- ☐ Toiletry Kit Toothbrush, Travel Size Toothpaste, Razor, Soap + Shampoo, Q Tips
- ☐ First Aid Kit Ibuprofen, Vaseline, Compeed, Band Aids, Blister & BandageTape
- ☐ Sunscreen S&W
- ☐ Lip Balm With SPF Protection

HIKING GEAR:

- | | |
|--|---|
| ☐ Hiking Poles | They will give you extra support on downhill and on the uphill sections |
| ☐ Knee Support Braces | If you have problems with your knees I recommend taking a pair |
| ☐ Gaiters | Keeps gravel and mud out of boots and pants |
|
 | |
| ☐ Water Bottle/Camelback | 750cc to 1L Remember that each liter of water is 1 more kg you carry! |
|
 | |
| ☐ Headlight / Flashlight | For early morning start - Night in dorms |
|
 | |
| ☐ Phone | Chargers, Cables and Adapters |
| ☐ Camera | Chargers, Cables, SD Card, Batteries |
| ☐ Headphones | |
| ☐ Watch - Fitness Tracker | Charger |

NON ESSENTIAL EXTRAS:

- | | |
|--|---|
| ☐ Hiking Umbrella | For sun and rain / drizzle |
| ☐ Swiss Army Knife | |
| ☐ Power Bank | For extra charge for phone and other electronics |
| ☐ Compression Sacks | Keep things organized and save some space in your backpack |
| ☐ Backpack Rain Cover | |
| ☐ Guide Book - Apps | I recommend apps over books as it can weigh as much as 3 t-shirts! |
| ☐ Spoon, Fork, Knife | For on the go eating - The plastic ones you get on airline work great |
| ☐ Small Day Pack | Small bag or backpack for shopping - sightseeing trips |

NOTE: If you forgot anything or need to replace any hiking gear, Decathlon is a major sporting gear chain that has large outlets in major cities and online. They stock pretty much anything you may need for hiking at very reasonable prices. You can also buy on Amazon.es and ship to their drop boxes that are available in most big cities in Spain.

[Decathlon.com](https://www.decathlon.com)

[Amazon.com](https://www.amazon.com)

[Rei.com](https://www.rei.com)

W= Recommended in Winter S = Recommended in Summer

Camino de Finisterre Stages

Start

Santiago de Compostela

Services: [A,H,Pa,S,R,B,C,P,Ti](#) - Air, Rail, Bus

Population: 96.000

Province: A Coruna

Region: Galicia

Airport: SCQ

Worthwhile Seeing and doing:

Pilgrims Mass at Cathedral

Cathedral Museum

Portico de la Gloria Tour

Pilgrims Museum

Coffee at the Parador

Tea in garden at Costa Vella Hotel

Visit the Pilgrims House

Sunset on the Cathedral Plaza



Don't miss!!:

Eating at A Horta d'Obratorio

Pilgrims Mass

Stay: [Albergue Seminario Menor](#)***** [W&D,B,K,V](#) 15 min walk to Cathedral Cheap single rooms

[Seminario Mayor](#)*** [B,L,D](#) By Cathedral - Pilgrims get when asking when reserving

[Hotel Alda Aligia](#)**** [W&D,B](#) Central - Cozy rooms.

[Parador Nacional](#)**** [B,L,D](#) By Cathedral - Splurge

[Hotel Costa Vella](#) *** [B](#) Center - Hotel with very nice garden

Eat: [A Horta d'Obratorio](#) (Michelin Guide Recommended) Reservation needed

[Casa Manolo](#) - Good for groups

[Enxebre](#) - Close to Cathedral - Parador

Relax: [Cafe La Morena](#) - Great Coffee

[Cost Vella](#) - Nice Garden - Quiet Spot

[Pilgrims House](#) - Luggage storage - Quiet Spot - Camino Info

Stage 1

Santiago > A Pena - Vilaserio

Services: [A,H,R,B](#),

Population: 25

Province: A Coruna

Region: Galicia

Distance: 28.1 km

Stage Difficulty: Easy

Terrain: Mostly downhill till Negreira

Long uphill after Negeira

Walking Surface: Street, Dirt path

Scenery: City, Rolling Hills, Fields

Rest Stop: Negreira

[Albergue de Peregrinos de Negreira](#)

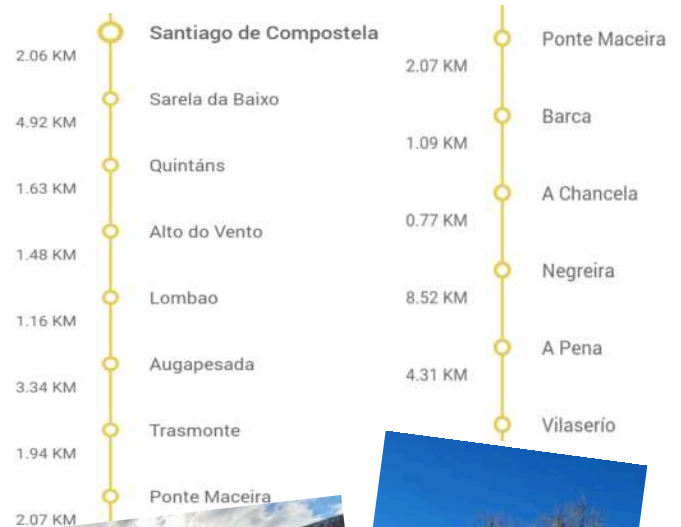
Highlight of the Stage: Leaving Santiago

Ponte Maceira

Stay: [Albergue Alto da Pena](#) W&D, B,L,D

[Albergue Rectoral San Mamade da Pena](#) *** W&D, B,L,D

[Abergue O Rureiro Vilaserio](#)**** B,L,D



Stage 2

A Pena > O Logoso

Services: [A,H,R,B,C](#)

Population: 25

Province: A Coruna

Region: Galicia

Distance: 28.45 km

Stage Difficulty: Easy

Terrain: Mostly flat, Uphill after Olveiroa
at end of stage

Walking Surface: Mainly road, Some dirt path

Scenery: Rolling Hills, Forest

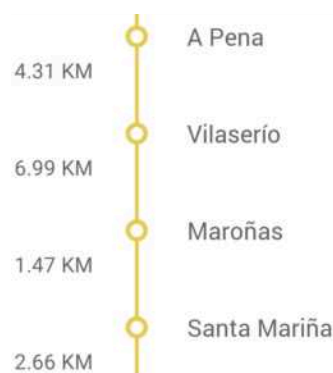
Rest Stop: Olveiroa

Stay: Oliveira [Albergue Municipal](#) ****

O'Logoso [Albergue O'Logoso](#)**** W&D,B,L,D,C

Hospital [Albergue Hospital](#) B,L,D

Eat: Oliveira [As Pas](#)



Stage 3 A

Hospital > Muxia

Services: [A,H,Pa,S,R,B,C,P,\\$](#)

Population: 4780

Province: A Coruna

Region: Galicia

Distance: 30 km

Stage Difficulty: Easy

Terrain: Mostly downhill

Walking Surface: Dirt path, Some Road

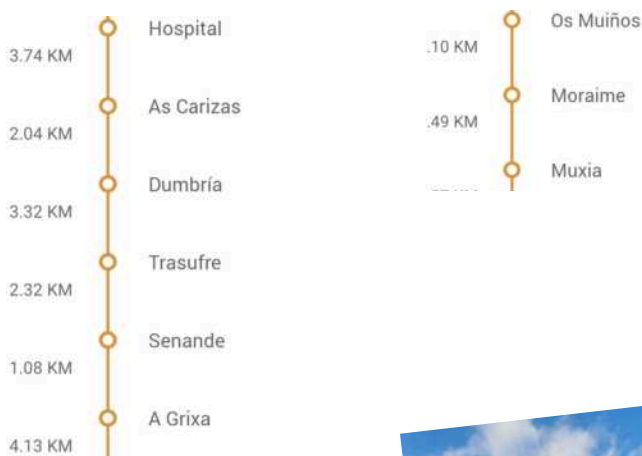
Scenery: Forest, Villages

Rest Stop: Dumbria

Highlight of the Stage: Sunset at
Sanctuary of the Virgen de la Barca,
Parador Costa da Morte

Stay: [Albergue Bela Muxia](#) *** [W&D,K,V](#)
[Parador Nacional Costa da Morte](#) *****

Eat: [Restaurante Das Lanxhas](#)
[Parador Nacional Costa da Morte](#) - Splurge! Amazing location!



Stage 3 B

Hospital > Finisterre

Services: [A,H,S,R,B,C,P,\\$](#)

Population: 4.716

Province: A Coruna

Region: Galicia

Distance: 27.3 km - 17 miles

Stage Difficulty: Easy

Terrain: Mostly downhill till O Vilar

Up and down after

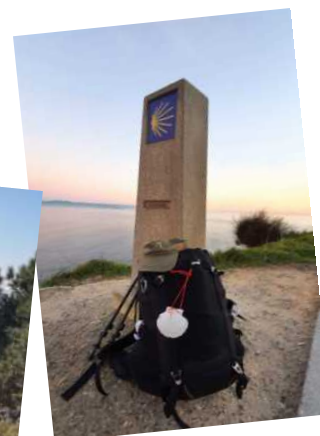
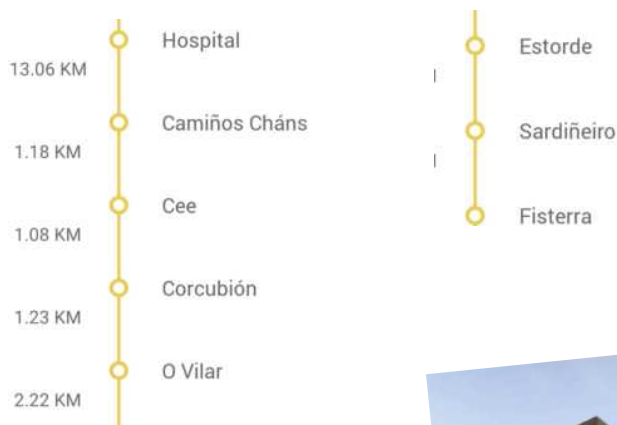
Walking Surface: Dirt path, Some Road

Scenery: Forest, Villages Beach

Rest Stop: Cee

Highlight of the Stage: Seeing the Ocean
Cee. Arriving at Km 0

Stay: [Albergue La Espiral](#) *** [W,K,B,D](#)
[Hotel Ancora](#)
[O Cemaforo Lighthouse Hotel](#) - Splurge



Stage 4

Muxia > Finisterre

Finisterre > Muxia

Services: [A,H,S,R,B,C,P](#)

Population: 4.716

Province: Lugo

Region: Asturias

Distance: 28.6 km

Stage Difficulty: Moderate

Terrain: Steep long uphill out of Muxia -

Rest is slight up and down

Walking Surface: Short Road the Dirt path

Scenery: Forest, Some Coast

Highlight of the Stage: Amazing forest scenery,
Ending the camino!

Finisterre:

Stay: [Albergue La Espiral](#)*** [W,K,B,D](#)
[O Cemaforo Lighthouse Hotel](#)*** - Splurge

Eat: [Restaurante Terraon](#)

Muxia:

Stay: [Albergue Bela Muxia](#) *** [W&D,K,V](#)
[Parador Nacional Costa da Morte](#)***** - Splurge: Amazing location and architecture!

Eat: [Restaurante Das Lanxhas](#)
[Meson O Prestige](#)



Services Codes: A= Albergue H= Hotel Pa= Parador S= Supermarket R= Restaurant B= Bar C= Cafe P= Pharmacy
Ti= Tourist Info W= Washing Machine W&D= Washer-Dryer B=Breakfast L=Lunch D=Dinner K= Kitchen V=Vending
Machine



IF YOU HAVE ANY QUESTIONS MY CHAT BOT WILL ANSWER ALL YOUR CAMINO
QUESTION VIA WHATSAPP AT +15053339225
[OR CLICK HERE TO ASK](#)

I hope you enjoyed this guide and that you get good use out of it. If you have any questions or comments, please feel free to contact me at rolf@magener.com

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